

Welcome to our Summer High Vibez newsletter

Things are hotting up for High Vibez this summer!

Thank you all again for the support along our journey. As promised earlier this year, we've got some exciting new offerings. More dates released in May for Fever's Dopamine Land, South Kensington, plus regular sessions planned at a beautiful new venue called 'The Space' in Clapham, training workshop launch and one-on-one High Vibez @Revive clinic will be catering for energy needs. Merchandise range includes branded tuning forks and cool new t-shirts too.

NEW VENUE



We bring movement together with breathwork, relaxation and retuning using forks & Reiki. Next session Friday, May 24th. Doors from 6.30pm for 6.45pm start.

BOOK NOW Email: Cathy@highvibez.co.uk Tickets: £25
THE SPACE – Unit 3B, 9 Park Hill, Clapham SW4 9NS (pay in advance or on the door).

THE MANDALA EFFECT

More lifestyle T-shirts to CHOOSE from (with a High Vibez twist). Get noticed this Summer!



£24 each Includes P&P



High Vibez Yoga vests
A selection of branded hi-quality unisex vests.

£20 each Includes P&P

S, M, L & XL. More colours on request

Orders take between 5-10 days for delivery.

Bookings now open for our Ibiza energy retreat 16-22 May 2025



Double rooms also available at £1880pp

Ibiza is a magical place, where you'll stay in an enchanting Ibiza mansion, enjoying views across green valleys, a beautiful infinity pool, with yoga and wellness spaces shaded by palm trees and meditation pavilion for calming peaceful energy. Every bedroom opens up to stunning views with their own private bathroom – perfect to relax and just be. Price below for shared room, includes all group sessions & meals.

£1660pp (For 2 + 3 people sharing)

A sound investment

Improve your sound space through High Vibez. We can now offer authentic Tibetan meditation bowls, Moon bowls, Om Bowls, tingshas and chimes direct from Nepal via White Dove, beautiful crystal singing bowls via partners Cherabella and our new High Vibez branded Ragg tuning forks. All purchases come directly from family owned/run suppliers in Nepal, Glastonbury & Sheffield.

Email: Cathy@highvibez.co.uk



Available in:
111Hz, 528Hz and 174Hz

Sound Workshops from April 2024

For all those interested in learning about the healing benefits of sound, we are running a series of workshops in 2024. DM for more info, All future event details shared on Instagram.

FOUNDATIONS OF SOUND

Workshop series
The Principles of Sound Healing

 [high.vibez.tribe](https://www.instagram.com/high.vibez.tribe)